

No Mayo Egg Salad

- 3 8-minute boiled eggs
- 1 400 g can white beans, drained, rinsed, coarsely mashed
- 1-2 cloves finely grated garlic (use press)
- 2 tsp Dijon mustard
- 1 T roughly chopped capers
- Bunch of chopped tender herbs (about $\frac{1}{3}$ C): dill, parsley, tarragon or chives)
- Squeeze of lemon
- Drizzle of olive oil
- Cracked pepper
- Salt

Fold in the chopped eggs. That's it.

