

In a 10" oven-safe skillet  
over medium-high heat:

**HEAT 3 TBSP OLIVE OIL**

*then*

**ADD 1/2 CUP DICED ONIONS**

and cook until softened,  
about 5 minutes.

In a bowl,

**WHISK  
8 LARGE EGGS**



1/2 CUP  
MILK

**&**



3/4 TSP  
SALT

**&**



1/4 TSP  
PEPPER

*with*

**TO CUSTOMIZE, ADD ONE OF THESE COMBOS:**

**LYON**

1 CUP EACH SAUTÉED DICED RED BELL PEPPER + ZUCCHINI  
1/4 CUP FINELY CHOPPED FRESH BASIL LEAVES



**cobb**

1 cup each halved cherry tomatoes, diced avocado,  
and cooked chicken  
1/4 cup each crumbled cooked bacon and blue cheese



**ITALY**

8 OUNCES ITALIAN SAUSAGE, BROWNED AND CRUMBLed  
1/2 CUP COOKED BROCCOLI RABE, CUT IN 2-INCH SEGMENTS  
1/4 CUP GRATED PARMESAN



**spring**

2 cups sliced cooked asparagus  
4 ounces smoked salmon, chopped  
1/4 cup each chopped fresh chives + flat-leaf parsley



**greek**

1 pound baby spinach, wilted and squeezed dry  
1/2 cup crumbled feta  
2 tablespoons each chopped fresh dill + sliced scallions



**HASH**

3 CUPS DICED COOKED POTATOES  
8 OUNCES COOKED CORNED BEEF, CHOPPED



**Pour egg mixture into skillet, stir, and cook until edges start to pull away  
from the pan, 5 to 7 minutes. Bake at 350°F until set, 16 to 18 minutes.**