# The Big Lasagna (NYT - Samin Nosrat)

*Vegetarian* One 23-33 cm lasagna (8-12 servings)

# **Ricotta Filling**

- 4 T extra-virgin olive oil (if using fresh spinach)
- 450 g fresh spinach, washed and ends trimmed, or 1½ C frozen spinach, thawed
- Fine sea salt
- 900 g ricotta
- 175 g grated mozzarella
- 87 g freshly grated Parmesan
- 20 large fresh basil leaves, finely chopped (about <sup>3</sup>/<sub>4</sub> C), 2 T finely chopped fresh Italian parsley or chives, 1 tsp finely chopped fresh thyme or marjoram or 1 tsp dried Italian seasoning

#### Béchamel

- 113 g unsalted butter
- 65 g all-purpose flour
- 960 ml whole milk
- Fine sea salt
- Freshly ground black pepper
- Ground nutmeg (optional)

# Assembled Lasagna

- 907 g tomato sauce or marinara sauce
- Fine sea salt
- 2 (260 g) packages dried lasagna noodles (preferably without curly edges) or no-boil noodles (boiled until al dente)
- 43 g grated Parmesan (½ C)
- 87 g grated mozzarella cheese (1 C)

# Step 1

# Prepare the ricotta filling:

- 1. If using fresh **spinach**, set a large skillet over **high heat**. (If using thawed frozen spinach, skip to Step 2.)
- 2. When hot, add **2 T oil** and **half the fresh spinach**. Season with a pinch of **salt** and sauté to wilt.
- 3. Cook until stems are tender, about 3 minutes.
- 4. Transfer to a baking sheet and allow to cool in a single layer. Repeat with remaining spinach.

#### Step 2

1. While spinach cools, combine **ricotta**, **mozzarella**, **Parmesan**, **basil** and a generous pinch of **salt** in a large bowl.

#### Step 3

1. Taking handfuls of the cooled or thawed **spinach**, squeeze out as much water as possible, then chop finely.





- 2. Add to cheese mixture. Mix thoroughly, then taste and adjust seasoning for salt. *(Filling makes about 6 C.)*
- 3. Cover and set aside until ready to assemble lasagna. (*Ricotta filling can be made 1 day in advance and refrigerated. Bring to room temperature before assembling lasagna.*)

#### Step 4

#### **Prepare the béchamel:**

- 1. Set a large Dutch oven over **medium heat** and add **butter**.
- Once butter has melted, whisk in flour, reduce heat to very low and cook for about 15 minutes, stirring regularly to prevent browning. After the mixture foams a bit, it will visibly transform — the butter will separate, the bubbles will reduce in size, and the mixture will look like freshly wet fine sand.
- 3. Whisking vigorously, slowly pour in **milk**. Increase heat to medium and whisk until the mixture thickens, **about 2 minutes**.
- 4. Add salt, pepper and nutmeg (if using) to taste.

#### Step 5

- Return heat to low. Continue cooking, whisking regularly, for 10 to 15 minutes until the sauce is thick and smooth, with no raw flour flavor. Taste and adjust seasoning with salt. If béchamel is lumpy, strain through a fine sieve or purée with an immersion blender. (You'll have about 3<sup>1</sup>/<sub>2</sub> C.)
- 2. Press a piece of **plastic wrap or parchment** against the surface of the sauce to prevent a skin from forming and set aside until ready to assemble lasagna. (Béchamel can be made up to 1 day in advance, covered directly and refrigerated. Return to room temperature before using.)

#### Step 6

#### Prepare the lasagna:

If possible, position the highest rack in the oven so that it sits about 15-cm below the top. Heat oven to 200°C.

#### Step 7

If tomato sauce, béchamel and ricotta filling are cold, bring to room temperature or warm them as needed.

#### Step 8

Set a large pot of water over **high heat**. Cover and bring to a boil. Set a large colander in a baking dish and place near stove.

#### Step 9

Season the boiling water generously with **salt**. Carefully lay one sheet of pasta on the water's surface. Let it be completely immersed in the boiling water, using a slotted spoon to gently it push down if needed, before adding the next sheet. Add two more pasta sheets in this way and cook for about 2 minutes, or until light in color, floppy in texture and completely cooked through. If pasta bubbles above the water's surface, use a slotted spoon to encourage it back in. Use a sieve to gently remove pasta from the water and into the prepared colander. Rinse under cold water until cool enough to handle, then begin assembly. Continue cooking, draining and rinsing pasta two or three sheets at a time as you assemble lasagna.

#### Step 10

Spoon about <sup>3</sup>/<sub>4</sub> **C béchamel** into a 23-by-23-cm metal, glass or ceramic baking pan, and use a rubber spatula or your hands to generously <u>coat bottom and sides</u> of pan with sauce.



# Step 11

Gently squeezing any remaining water from the pasta, use two or three sheets to entirely cover the bottom of the pan with minimal overlap, and leave ends hanging over sides. *(They'll be helpful for sealing the top.)* All four sides need not have overhang; two is plenty.

### Step 12

Crumble about <sup>1</sup>/<sub>3</sub> of the ricotta mixture evenly over pasta to create foundation, then layer with sheets of pasta from edge to edge of pan. Use kitchen shears to help trim pasta to appropriate size and <u>avoid overlap</u>.

#### Step 13

Spread about <sup>1</sup>/<sub>3</sub> of the tomato sauce over next layer and cover with pasta.

#### Step 14

Spread about **1 C béchamel** evenly over next layer, sprinkle with <sup>1</sup>/<sub>4</sub> **cup grated parmesan**, and cover with pasta.

#### . Step 15

Repeat with remaining layers: ricotta, tomato sauce, béchamel and parmesan, ricotta, tomato sauce, béchamel and Parmesan, following each with a layer of pasta.

(If using thicker noodles, you might not be able to fit 8 layers of noodles in the pan. If using store-bought or dried pasta, you can skip the noodle layer between the ricotta and tomato sauce as needed to prevent the lasagna from stretching higher than the top of the pan.)

#### Step 16

For the top, fold overhanging pasta over a whole sheet to create a sealed pasta layer, then spread with remaining béchamel. Gently **<u>cover lasagna with a piece of parchment</u>** and wrap tightly with foil. Place onto a baking sheet to catch any overflow and bake on prepared rack.

#### Step 17

After 40 minutes, pull lasagna from oven and carefully remove foil and parchment. Sprinkle with grated **mozzarella** and return to oven until golden brown and bubbling on surface, **about 20 minutes**.

#### Step 18

Allow to **cool for at least 15 minutes before slicing** and serving. Leftover lasagna can be wrapped and refrigerated for up to 4 days. To freeze, bake 30 minutes but do not brown, then cool, and freeze for up to 4 weeks. Defrost, then sprinkle with mozzarella and bake uncovered at 400 degrees for 25 to 30 minutes until golden brown and bubbling on surface.

YouTube video link: https://www.youtube.com/watch?v=GLma4QPNSyg&t=278s

#### New York Times recipe

https://cooking.nytimes.com/recipes/1021031-the-big-

lasagna?campaign\_id=58&emc=edit\_ck\_20221209&instance\_id=79572&nl=cooking&regi\_i d=68432057&segment\_id=115484&te=1&user\_id=216838a0afb8156de1347571cab705bf

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