Skillet Soufflé Pancake

Makes one 8" pancake

- Unsalted butter (for pan)
- 88 g granulated sugar
- 4 large egg whites
- 31 g all-purpose flour
- ½ tsp. baking powder
- ¼ tsp salt
- 2 large egg yolks
- 120 ml whole milk
- 1 tsp finely grated lemon zest
- ½ tsp vanilla extract
- Powdered sugar and fresh fruit (for serving)



- 1. Place a rack in middle of oven; preheat to 165°C. Butter an 20-cm nonstick skillet, then sprinkle with 38 g granulated sugar. Pour out any excess sugar that doesn't stick to pan.
- 2. Combine 4 large egg whites and remaining 50 g granulated sugar in a medium heatproof bowl and set over a medium saucepan filled with 2.5 cm of barely simmering water (do not let bowl touch water). Heat, whisking constantly, until sugar is dissolved and an instant-read thermometer registers 60°C, about 5 minutes.
- 3. Immediately remove bowl from saucepan and transfer **egg white mixture** to the bowl of a stand mixer fitted with the whisk attachment. Beat on medium speed until meringue is glossy and stiff peaks form, **about 4 minutes**.
- 4. Meanwhile, whisk all-purpose flour, baking powder, and salt in a small bowl to combine.
- 5. Whisk egg yolks, whole milk, lemon zest, and vanilla in a large bowl.
- 6. Sift in dry ingredients and whisk until batter is smooth.
- 7. Using a rubber spatula, gently fold one quarter of meringue into batter to lighten. Fold in remaining meringue in 2 batches, taking care not to deflate batter. Gently transfer batter to prepared pan, and carefully smooth top with a small offset spatula.
- 8. Bake pancake until doubled in volume and it springs back slightly when lightly pressed, 23–25 minutes
 - (Do not open the oven door during the first 20 minutes or the pancake may deflate).
- 9. Remove pancake from oven and dust with **powdered sugar**. Serve immediately with fresh fruit.