

## Apple Carrot Waldorf Salad

Serves 3

- 178 g vanilla yogurt
- 20 g mayonnaise
- pinch salt
- 1½ apples, cut into small pieces
- 40 g raisins
- 55 g shredded carrots
- 75 g chopped celery
- 63 g chopped walnuts (or other nuts)

1. Combine **yogurt**, **mayonnaise** and **salt**
2. Mix in all other ingredients.
3. Chill in refrigerator.

