

Lime & Parmesan Popcorn

1 serving

- 2 C plain air-popped popcorn
- Olive oil cooking spray
- 1 T Parmesan cheese
- 1 tsp lime zest
- Pinch of chili powder
- Pinch of salt
- Lightly coat popcorn with cooking spray; toss with Parmesan, lime zest, chili powder and salt.



Nutrition Facts

Servings Per Recipe 1

Serving Size 2 cups

Calories 113 / Carbs - 14g / Fiber - 3g / Sugars - 0g / Protein - 4g / Fat - 5g / Sat Fat - 1g /

Sodium - 244mg